

LESSON PLAN

Lesson Number: 165
Grade Level: 4-6

Date: _____
Title: How Can I Face This? (Courage)
Text/Story: 1 Samuel 17:19-51
Main idea: God offers us strength to face difficult situations--He helps us to overcome our fears.
Key Verse: Joshua 1:7

Time	Activity	Description
	Pre-Lesson Making Giants	<ul style="list-style-type: none"> Materials: butcher paper or long white drawing paper, markers, pencil crayons, felt pens, foil wrap, glue scissors Divide the class into groups and have them make life-size giants like Goliath; allow about 10-15 mins. Display giants on classroom walls when complete Use activity to introduce the lesson on how God gave David the courage to face Goliath
	Lesson 1 Samuel 17:19-51 Frieze/Mural	<ul style="list-style-type: none"> Materials: large strip of drawing paper (folded to make four parts) for each student, pencil crayons, markers For younger children, review the story using flannelgraph, pictures, drawings, etc.; have the students draw the four main events on the drawing paper strip For older children, read story together; let students select four main events and draw them on the mural Display mural/friezes on wall
	Post-Lesson Brainstorm	<ul style="list-style-type: none"> Brainstorm a list of 'giants' or problems that students might have at home, school, etc. (e.g., peer pressure, sickness in the family, false accusations, etc); write them on the giants they made earlier On strips of paper (or on grey/brown paper shaped like stones), have students write down God's promises to help us fight these giants (e.g., Joshua 1:9; Prov 3:24,26; Isaiah 12:2; Hebrews 13:5,6); tape these to the wall beside the giants)

Our courage is often attacked by the Enemy through doubts and fears. The Bible tells us in many places not to be afraid. Look up each verse and write why we do not have to be fearful.

Joshua 1:9 _____

Proverbs 3:24, 26 _____

Isaiah 12:2 _____

Hebrews 13:5 - 6 _____



Which of these “battles” do you face?

	all the time	sometimes	hardly ever	never
sickness	1	2	3	4
sorrow	1	2	3	4
false friends	1	2	3	4
parent’s unemployment	1	2	3	4
changing schools	1	2	3	4
peer pressure	1	2	3	4
parents’ divorce	1	2	3	4



Remember! True happiness is found in letting God have control of every detail of our lives. When God is in control, we can know that He will give us the courage to face whatever comes our way.

Object: Five smooth stones

Read: or relate the story of David and Goliath (I Samuel 17:19-51)
or have older students read portions of the text.

Ask: What courageous acts had David performed before?

How did these experiences help him?

Why didn't King Saul want to fight the giant?

Why do you think Saul was fearful and David was not?

Why did David refuse to wear the king's armor?

Where did David get his courage? From his own strength and abilities?

Discuss: What is the opposite of courage? God wants His people to be courageous,
and He gives strength to overcome fear in difficult situations.

When we let God control every detail of our lives, we can have courage that
when trying times come, God will give us the strength we need .

Because David allowed God to have control of the little things in life,
when big things came along, it was not hard to have courage that God would
handle it. The Lord helped David overcome any fear he may have had, and
gave him the courage he needed.

Courage

Read through the following words and circle the ones that describe courage. Which of these characteristics apply to David?

Grit	Sniveling
Heart	Boldness
Cowering	Poltroonery
Pusillanimity	Fearlessness
Bravery	Timidity

Which of the following sentences describe why David had the courage to face Goliath in battle. On the line at the end of each sentence, write in the verse from 1 Samuel 17 which confirms that statement. If there is no verse to confirm it, write an X on that line.

1. David did it in the name of the Lord. _____
2. David was brave and had killed a bear and a lion with his bare hands. _____
3. David was a good aim with his sling. _____
4. David had confidence in God. _____
5. David wanted to prove to his brothers that he was good enough to be in King Saul's army. _____
6. David was mad because Goliath cursed him. _____
7. David knew that God would fight for him. _____
8. David saw a challenge to God's people that needed to be addressed. _____

On the blank lines in the verses below, fill in the words which tell you what a Christian, can expect when faced with a difficult situation.

"For the LORD thy God is _____ whithersoever thou goest." - Joshua 1:9

"For the LORD shall be thy _____." — Proverbs 3:26

"For the LORD JEHOVAH is my _____." — Isaiah 12:2

"For God hath not given us the spirit of fear; but of _____, and of _____, and of a _____." 2 Timothy 1:7

