

LESSON PLAN

Lesson Number: 161

Grade Level: 4-6

Title: How Can I Comfort Her? (Comfort)
Text/Story: Gen. 28:10-19; 32:24-30; 33:1-4
Main idea: God in His love offers comfort during difficult times to those that please Him.
Key Verse: Isaiah 51:12

Time	Activity	Description
	Pre-Lesson SURVEY "What are You Afraid Of?"	<ul style="list-style-type: none"> • Provide each student with worksheet and a pencil • Ask students to fill out the survey by themselves • When they are finished, discuss each situation and let students volunteer comments on how they feel about each problem; they may want to talk about other fears they might have • Discuss the 2 questions at the bottom of the survey sheet; use them to lead into the lesson on how God comforts us in our time of need
	Lesson Gen 28:10-19; 32:24-30; 33:1-4 Story Outline	<ul style="list-style-type: none"> • Review the story of Jacob up to the point where he meets his brother Esau; use pictures, flannelgraph, etc.; also locate the places where Jacob journeyed on map • Be sure to identify Jacob's problem and his fear of meeting his brother • Provide each student with story outline sheet, a pencil, and pencil crayons • Ask them to retell three parts of the story by writing and drawing: Jacob's dream at Bethel; his wrestling with an angel; and his meeting Esau
	Post-Lesson Craft	<ul style="list-style-type: none"> • Make a craft item to remind students of the promise of God's comfort • Use the memory verse or choose other similar verses • Have students write the verse on any of the following: <ul style="list-style-type: none"> • bookmark • wooden plaques • tiles • picture frame (cardboard kind) • fridge magnet

WHAT ARE YOU AFRAID OF?

Are you ever afraid and need someone to comfort you?
Read each situation below and circle:

- 1 -- if it makes you very upset
- 2 -- if it sort of worries you
- 3 -- if it doesn't bother you at all

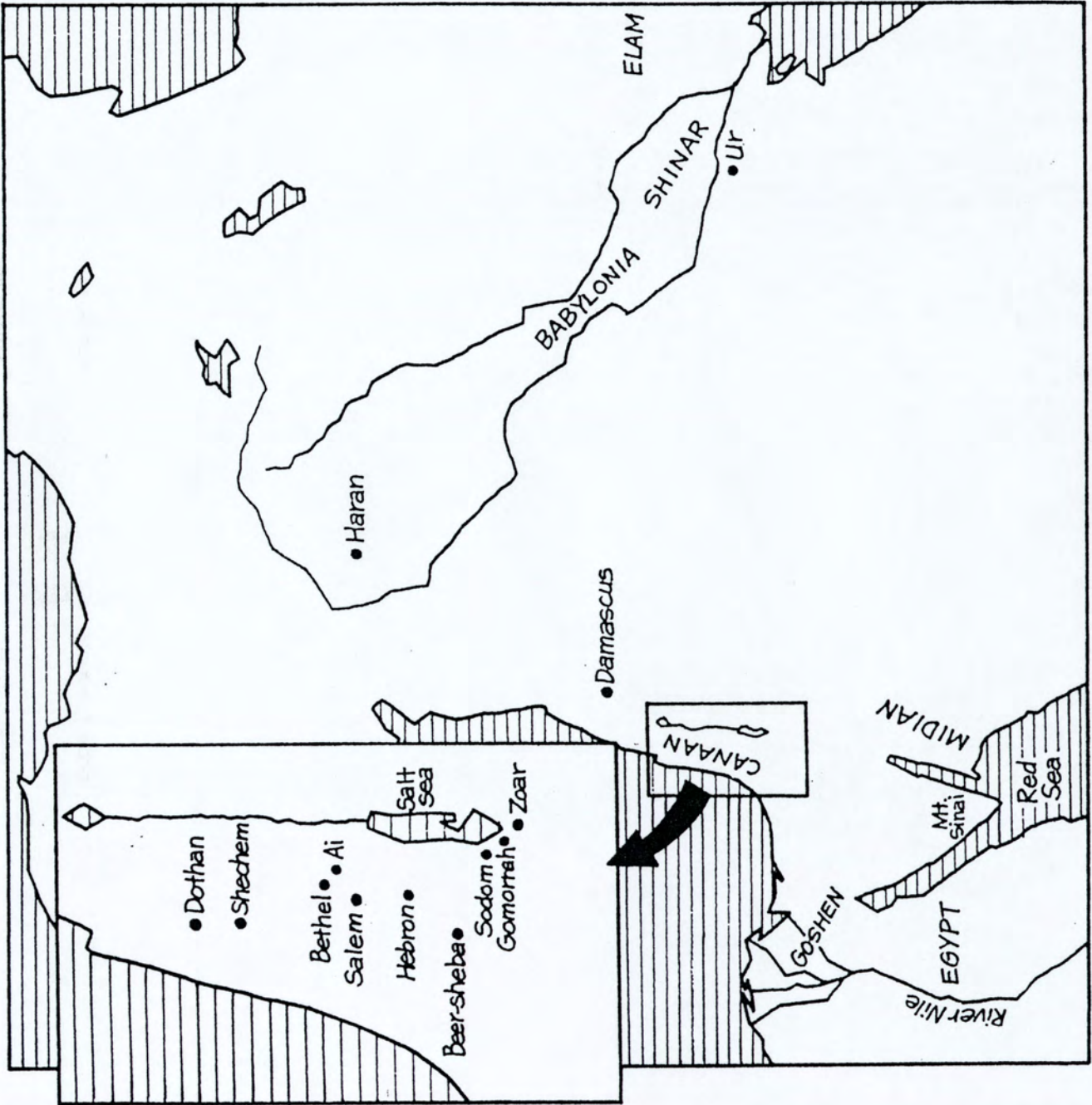


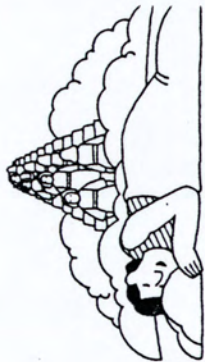
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|---|---|---|---|
| 1. Being alone in the house | 1 | 2 | 3 |
| 2. Losing my friends | 1 | 2 | 3 |
| 3. Sickness in the family | 1 | 2 | 3 |
| 4. Thunder and lightening | 1 | 2 | 3 |
| 5. Locking myself out of the house | 1 | 2 | 3 |
| 6. The dark | 1 | 2 | 3 |
| 7. Not getting good grades | 1 | 2 | 3 |
| 8. Staying in the hospital | 1 | 2 | 3 |
| 9. Getting into an accident | 1 | 2 | 3 |
| 10. Getting lost | 1 | 2 | 3 |
| 11. Heights | 1 | 2 | 3 |
| 12. Bullies and gangs at school | 1 | 2 | 3 |
| 13. Tests | 1 | 2 | 3 |
| 14. Getting up in front of the class to do my reports | 1 | 2 | 3 |
| 15. Moving to a new neighbourhood and school | 1 | 2 | 3 |

DO YOU PRAY WHEN YOU ARE AFRAID OR UPSET? Yes No

DO YOU THINK GOD CARES ABOUT HOW YOU FEEL? Yes No

GOD COMFORTS JACOB





GOD COMFORTS JACOB

Story Outline



Retell the story of how God comforted Jacob: how God spoke to Jacob in a dream at Bethel; Jacob wrestling with an angel; and how Jacob finally meets his brother Esau. Write a few sentences and draw a picture for each event.

FIRST

THEN

FINALLY

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LESSON #: 161

TITLE: How Can I Comfort Her?/Comfort

TEXT: Genesis 28:10-19, 32:24-30, 33:1-4

Supplemental Scriptures: Isaiah 61:1-3, 2 Corinthians 1:3-7

MAIN IDEA: During difficult times, we can rely on God to comfort us as we commit ourselves to His will. God gives us comfort, and we, in turn, can give His comfort to others.

OPENER: Bring in a Teddy Bear, a child's blanket (Preferably a well worn one), a picture of a mother comforting a child, a box of Band-Aids, some Kleenex, a picture of your favorite pet, and or a few other items that are often associated with comfort. Ask the students what all of these things have in common. Discuss comfort for a few moments, allowing different students to share what they do when they need comfort. Eventually, bring the discussion around to God's ability to comfort us.

LESSON: The main theme of the Bible story that goes along with this story, is that God comforted Jacob during his times of need. You may want to give the students some background on the story before reading the Bible text. When God met Jacob at Beth-El, Jacob was running for his life. He had just cheated Esau out of his inheritance. He was also on his way to find a wife from among his mother's people. He was traveling a very long distance to an unfamiliar place. He must have been very nervous and afraid. God knew his heart, and came to give him comfort. In the next passage in our text, Jacob is returning to meet Esau. He is afraid that Esau will still be angry and will want to kill him. Once again God gives Jacob comfort. God also softened Esau's heart, and the two brothers were able to greet each other with Love and Forgiveness instead of hatred.

After telling the story, use the **Story Strip**, have the kids draw out the sequence of the story on the story strip. Then, cut two slits in a piece of construction paper that are evenly spaced to the same size as the boxes of the story strip. Thread the story strip through the slits so that the students can view one box at a time, and tell the story back to you.

APPLICATION: See worksheet -**Comfort**.

BIBLE LEARNING ACTIVITY:

You need:

- two or more concordances or Bibles with a concordance. (try to get one for every 2 to 3 students.)
- several large sheets of paper
- markers

Divide the students up into teams of two or three students. Show them how to use the concordance, and tell them what it is used for. Then, give each team a concordance. Give them 5 to 10 minutes to find as many verses about comfort as they can. Have them look up the verses and write them down on the large sheets of paper. Hang the lists up in your classroom, and give a prize to the team that finds the most.

Comfort

To **Comfort** is to strengthen, aid, relieve distress, or console.

Look up the following words in a dictionary and write a definition for each one in your own words.

1. Comfort-

2. Console-

3. Aid-

4. Relieve-

5. Distress-

In considering the above definitions, and what you learned from today's lesson, what does comfort mean to you?

According to 2 Corinthians 1:3-4, who is our comforter? If we receive His comfort, what is our responsibility?

