

LESSON PLAN

Lesson Number: 135

Grade Level: 4-6

Title: Lord's Supper/Foot Washing

Text/Story: Mark 14:12-16, 22-25; John 13:2,4-17; 1 Corinthians 11:27-30

Main idea: Believers commemorate the death of Jesus by partaking the Lord's Supper and follow the example of Christ in washing of disciples' feet.

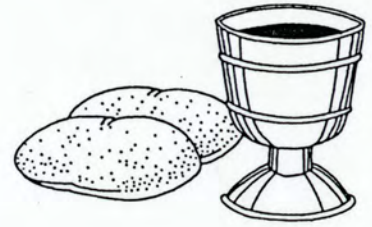
Key Verse: John 13:17

Time	Activity	Description
	Pre-Lesson Object Lesson	<ul style="list-style-type: none"> • Before the students arrive in class, place objects related to the Lord's Supper and Foot Washing on the table for display (grape juice in a glass, wafer, basin and towel) • When the students are seated, use the objects to introduce the ordinances to them; discuss the significance of these symbols
	Lesson Research	<ul style="list-style-type: none"> • Hand out "Fact Sheets" for both the Lord's Supper and Foot Washing to each student with a pencil • For older students let them look for the information themselves in pairs or small groups; for younger children, read the verses together and answer each question as a group • Discuss their findings
	Post-Lesson Craft: Magnetic Reminders	<ul style="list-style-type: none"> • Materials: heavy cardboard (2"x2"), craft glue, alphabet pasta, small magnets, ConTact paper (dark colours, 2"x2"), scissors • Decide as a class some short mottoes which will remind them of what they've learned about the Lord's Supper and Foot Washing • Each student finds the pasta letters for the motto; stick the ConTact paper on the cardboard pieces and glue the magnet to the back of the cardboard • Pasta letters are then glued to the front of the cardboard



The Lord's Supper

Fact Sheet



Answer the following 5Ws by researching for the information in Mark 14:12-16, 22-25; 1 Corinthians 11:27-30.

1. Who (started it):

2. Who (should take part in it):

3. Why (what is it for):

4. What (objects are used):

5. Where (should we do it):

6. When (how often):



Foot Washing *Fact Sheet*

Answer the following 5Ws by researching for the information in John 13:2, 4-17.

1. Who (started it):

2. Who (should do it):

3. Why (what is it for):

4. What (objects are used):

5. Where (should we do it):

6. When (how often):

More Than Just Symbols

The Lord's Supper and the Foot Washing service are very important in the Christian's walk with the Lord. They are not a means of salvation, but they are a witness to new life in Christ. As we move beyond the symbols themselves and understand the substance of the ordinances, true spiritual growth occurs. Many relationships have been healed, love expressed, and barriers broken down during ordinance services. Read the Scriptures listed below and then answer the questions in the boxes to find out what these ordinances represent.

The Lord's Supper

What does the broken bread represent? _____

What does the "cup"(of grape juice) represent? _____

Who are we remembering when we partake of the Lord's Supper? _____

SUMMARY: The bread and grape juice symbolize Christ's body and His Blood that was shed for us. As we partake of these symbols, we remember that Christ loves us and died for us.

The Washing of the Disciples' Feet

What example did Jesus give to His disciples? _____

Jesus, who is greater than we, washed His disciples feet. What did He say to let us know that He expects the same from us? _____

What are we promised if we wash one another's feet? _____

SUMMARY: Jesus wanted His disciples to truly understand why He had washed their feet. He knew this would be an important part of our love and submission to one another. The true glory of a Christian consists in being, in measure, as humble as his Lord. Foot Washing is a symbol with substance, because we are promised that we will be happy if we are faithful in doing it.

"And he took bread, and gave thanks, and brake it, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me." — Luke 22:19,20

"And he took the cup, and when he had given thanks, he gave it to them: and they all drank of it. And he said unto them, This is my blood of the new testament, which is shed for many."
— Mark 14:23,24

"So after he had washed their feet, and had taken his garments, and was set down again, he said unto them, Know ye what I have done to you? Ye call me Master and Lord: and ye say well; for so I am. If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet. For I have given you an example, that ye should do as I have done to you. Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him. If ye know these things, happy are ye if ye do them." — John 13:12-17